

Health & Safety Consultancy Services

We provide tailored Health & Safety Consultancy Services to assist SMEs fulfil their duties to ensure compliance, protection, and best practice. Our consultancy works closely with your business, offering practical support in line with HSE legislation and good practice.

All businesses must protect both employees and non-employees from risks arising from their activities. Our consultancy services offer a cost-effective alternative to employing a full-time H&S professional, ensuring access to competent safety advice and support without the overhead, in accordance with the

Scope & Parameters of Retained Health & Safety Support

Our retained Health & Safety support packages are designed to provide ongoing, practical, and tailored advice to suit the size and structure of your business. To ensure clarity and consistency, the following parameters apply to the pricing and delivery of our services:

1. Employee Headcount

The quoted fees are based on supporting businesses with up to 100 employees per location/site.

If your headcount increases significantly or if you take on new teams or functions, we will review and discuss any impact on the service level or cost.

2. Number of Sites Covered

The package typically includes support for one operational site or business location.

Additional locations may be included on packages with multiple site visits, subject to prior agreement or may incur an additional fee, depending on the level of support required at each site.

3. Travel Distance for site visits included in retained packages

The quoted fees include site visits within a 50-mile radius of our base at PE20 1TW

Where travel beyond this distance is required, mileage is charged at £0.45 per mile, travel time at £50 per hour and any necessary accommodation or subsistence costs will be agreed in advance.

4. Site Visit Frequency & Support Access

Each package outlines the number of included on-site visits per year and the level of remote support (email/phone). Any additional visits or enhanced support requirements can be arranged, and prices will be quoted accordingly, if applicable. Site support days included in packages can be used for a variety of uses including management /board meetings, workplace or documentation audit review or mentoring.

5. Package contract length

All packages are based on a 12-month agreement with the exception of Protect 12 which requires a minimum 24-month agreement. There is no obligation to renew after the initial term, however service will continue to be

provided and charged for until cancelled in writing by either party or the contract is renewed. Rates may increase annually based on RPI.

Our H&S Support Packages

All packages include fixed-fee support with no hidden costs. All prices are exclusive of VAT.

Protect Essentials – £75/month

- ✓ Remote gap analysis questionnaire & basic action plan
- ✓ Certificate of services (competent person)
- ✓ Legal updates
- ✓ Monthly H&S/HR newsletter
- ✓ Personalised H&S advice from a dedicated consultant
- ✓ Unlimited phone and email support during working hours

Protect 1 – £150/month

- ✓ Everything in Protect Essentials (less gap analysis)
- ✓ On-site visit & advisory assessment (1 site visit)
- ✓ H&S risk profile creation
- ✓ Review of existing risk assessments
- ✓ Provision of simple H&S policy
- ✓ Risk assessment templates available if required
- ✓ Assistance with RIDDOR reporting

Protect 2 – £275/month

- ✓ Everything in Protect 1
- ✓ 2 site visits per year
- ✓ H&S compliance audit on first visit
- ✓ H&S action plan
- ✓ Tailored risk assessments, if required
- ✓ Toolbox talks material available
- ✓ Assistance with SSIP accreditations (e.g., CHAS, SafeContractor, Constructionline, etc)
- ✓ Provision of comprehensive H&S policy and employee handbook
- ✓ Ongoing RIDDOR support

Protect 4 – £375/month

- ✓ Everything in Protect 2
- ✓ 4 site visits per year
- ✓ Support with H&S enforcement actions
- ✓ Bespoke policies and documents as required

Protect 12 – £795/month

- ✓ Everything in Protect 4
- ✓ 12 site visits per year
- ✓ Specialist risk assessments (e.g., Legionella, Fire, First Aid, DSEAR)
- ✓ Crisis management support

Optional Extras, Add-ons & Standalone Services

- ▶ Fire Risk Assessment (included in Protect 12)
- ▶ First Aid Needs Assessment (included in Protect 12)
- ▶ Legionella Risk Assessment (included in Protect 12)
- ▶ DSEAR Risk assessment (included in Protect 12)
- ▶ Stand-alone H&S audit with report
- ▶ Assistance with preparation of documented Construction Phase Plan for construction projects
- ▶ BRC Internal Audit and Support
- ▶ Food safety support
- ▶ Incident and accident investigations
- ▶ HSE on-site support
- ▶ General on-site support
- ▶ LEV (Local Exhaust Ventilation) Thorough Examination and Testing
- ▶ RPE Face Fit Testing
- ▶ Document-only Packages (see website for further details)

Please contact us for more details

Fees for non-retained clients:

- £650 per day
- £350 half day (up to 4 hours)
- £100 per hour

For retained clients please contact us for prices

Scope & Parameters of Add-On or Standalone Health & Safety Support

Our optional, add-on or standalone Health & Safety consultancy visits are priced on a per-project basis and are subject to the following travel-related terms:

1. Travel Time

Quoted fees include up to 1 hour of travel time each way from our base at PE20 1TW.

Where travel exceeds this, additional time will be charged at a rate of £50 per hour, which will be agreed in advance.

2. Mileage Charges

Mileage is charged at £0.45 per mile for all return travel from our base to your site.

This is calculated using the most direct route as per Google Maps or a similar mapping tool at the time of booking.

3. Accommodation & Subsistence

If an overnight stay is required due to distance or project duration, any accommodation and subsistence costs will be discussed and agreed with you in advance.

4. Multi-Site Visits

If support is requested across multiple sites during a single visit, we are happy to accommodate this. Travel between sites will be included in the total mileage and time charges, and the final rate will reflect the overall time and complexity of the visit.

Please contact us for more information

Training Services

- 🎓 Online training courses available (please see our website for more information)
- 🎓 Minimum 6 delegates per session
- 🎓 Available via Microsoft Teams or face-to-face
- 🎓 IOSH Working Safely (TBC)
- 🎓 IOSH Managing Safely (TBC)
- 🎓 Further bespoke training courses available on request (e.g. manual handling, COSHH, fire safety awareness, etc.)

Health & Safety Support Package Comparison

All prices exclusive of VAT

Service Feature	Protect Essential £75/mth	Protect 1 £150/mth	Protect 2 £275/mth	Protect 4 £375/mth	Protect 12 £795/mth
Remote Gap Analysis + Basic Action Plan	✓	N/A	N/A	N/A	N/A
Competent Person Certificate	✓	✓	✓	✓	✓
Legal Updates + H&S/HR Newsletter	✓	✓	✓	✓	✓
Personalised H&S Advice from a Named Consultant	✓	✓	✓	✓	✓
Unlimited Phone & Email Support (working hours)	✓	✓	✓	✓	✓
On-site Visit & Advisory Assessment		✓	N/A	N/A	N/A
Business H&S Risk Profile		✓	✓	✓	✓
Review of Existing Risk Assessments		✓	✓	✓	✓
Simple H&S Policy		✓	N/A	N/A	N/A
Risk Assessment Templates		✓	✓	✓	✓
Assistance with RIDDOR Reporting		✓	✓	✓	✓
2 Site Visits			✓	N/A	N/A
H&S Compliance Audit			✓	✓	✓
Ongoing H&S Action Plan			✓	✓	✓
Comprehensive H&S Policy & Employee Handbook			✓	✓	✓
Tailored Risk Assessments			✓	✓	✓
Toolbox Talk Materials			✓	✓	✓
Assistance with SSIP Accreditations (e.g. CHAS & Other)			✓	✓	✓
4 Site Visits				✓	N/A
Support with H&S Enforcement Action				✓	✓
Bespoke Policies and Documents				✓	✓
12 Site Visits					✓
Specialist Risk Assessments (e.g. Legionella, Fire, First Aid, etc)					✓
Crisis Management Support					✓
On-site Support Days (meetings, mentoring, risk work, etc.)	On request	Included	Included	Included	Included

Combined HR and H&S Support Packages – Available Discounted Prices

As part of our commitment to providing flexible, value-driven support to small and medium sized organisations, we offer a range of combined HR and Health & Safety packages. These packages provide enhanced value when subscribed together. Below is a guide to our available package options for 2025, including revised discounts and total monthly investment.

All prices are exclusive of VAT

Combined package options	Minimum term	Standard Package Prices	Discounted Package Price	Annual saving
HR Enhance & Protect 1	12 months	£260+£150=£410	£405.90	£49.20
HR Enhance & Protect 2	12 months	£260+£275=£535	£524.30	£128.40
HR Enhance & Protect 4	12 months	£260+£375=£635	£609.60	£304.80
HR Elevate & Protect 1	12 months	£625+£150=£775	£744.00	£372.00
HR Elevate & Protect 2	12 months	£625+£275=£900	£846.00	£648.00
HR Elevate & Protect 4	12 months	£625+£375=£1000	£920.00	£960.00
HR Elevate Plus & Protect 4	24 months	£990*+£375=£1365	£1242.15	£1474.20
HR Elevate Plus & Protect 12	24 months	£990*+£795=£1785	£1606.50	£2142.00

Prices are per month and are based on the specified minimum contract term, subject to fair usage limits on maximum number of hours per month for retained HR support and maximum headcount and sites for retained H&S support.

Bespoke pricing is available for larger organisations or those requiring extended or specific support not listed above. Please contact us to discuss the best options for your business.

*Based upon 10 hours HR support per month under Elevate Plus. Organisations requiring more than 10 hours HR support will only receive the 15% discount on the first £990 per month only.